

# JANUARY 2010

# SCOTLAND COUNTY SCHOOLS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>4</b></p> <p>Super Donut Juice and Milk</p> <p>Pizza Steamed Corn California Blend Vegetables Chilled Diced Peaches Cold Milk</p>	<p><b>5</b></p> <p>Grilled Cheese Sandwich Juice and Milk</p> <p>Sliced Turkey Ham w/ Hot Roll Macaroni and Cheese Black eyed Peas Chilled Diced Pears Cold Milk</p>	<p><b>6</b></p> <p>Pop Tart Juice and Milk</p> <p>Creamed Chicken over Rice Cornbread Northern Beans Steamed Carrots Chilled Mixed Fruit Cold Milk</p>	<p><b>7</b></p> <p>Ham Biscuit Fresh Apple ½, Juice and Milk</p> <p>Spaghetti w/ Meat Sauce Wheat Bread Sticks Sweet Peas Orange Wedge Cold Milk</p>	<p><b>8</b></p> <p>Grits, Toast Orange Wedge, Juice and Milk</p> <p>Beef Nuggets w/ Hot Roll Baked Potato ½ Green Beans Crystal Apple Cold Milk</p>
<p><b>11</b></p> <p>Blueberry Muffin Juice and Milk</p> <p>Chicken Nuggets Wheat Bread Sticks Whipped Potatoes Green Beans Chilled Mixed Fruit Cold Milk</p>	<p><b>12</b></p> <p>Breakfast Burrito Juice and Milk</p> <p>Beef Tacos Hard or Soft Shell Lettuce, Tomato and Cheese cup Pinto Beans Mexicali Corn Cold Milk</p>	<p><b>13</b></p> <p>Pancake Roll up Orange Wedge, Juice and Milk</p> <p>Tomato Soup Grilled Cheese Sandwich Steamed Corn Chilled Diced Peaches Cold Milk</p>	<p><b>14</b></p> <p>Sausage Biscuit Fresh Apple ½, Juice and Milk</p> <p>Baked Lasagna Wheat Bread Sticks Steamed Sweet Peas Orange Wedge Cold Milk</p>	<p><b>15</b></p> <p>Peanut Butter &amp; Jelly Sandwich Juice and Milk</p> <p>Turkey Hot Dog White or Wheat Bun Creamy Cole Slaw Baked Beans Baked Potato Wedges Fruit Crisp Cold Milk</p>
<p><b>18</b></p> <p>Holiday</p>	<p><b>19</b></p> <p>Breakfast Pizza Orange Wedge, Juice and Milk</p> <p>Cheeseburger White or Wheat Bun Lettuce and Pickle Steamed Corn Crystal Apple Cold Milk</p>	<p><b>20</b></p> <p>Pop Tart Juice and Milk</p> <p>Beef Vegetable Soup Grilled Cheese Sandwich Fresh Carrot Sticks Orange Wedge Cold Milk</p>	<p><b>21</b></p> <p>Grilled Cheese Sandwich Juice and Milk</p> <p>Deli Turkey and Cheese Sub White or Wheat Bun Baked Potato Wedges Sweet Peas Chilled Diced Peaches Cold Milk</p>	<p><b>22</b></p> <p>Scrambled Eggs, Toast Juice and Milk</p> <p>Sloppy Joe White or Wheat Bun Baked Fries Green Beans Strawberry cup Cold Milk (Scotland High Only)</p>
<p><b>25</b></p> <p>Super Donut Juice and Milk</p> <p>Chic Fillet White or Wheat Bun Pickle Spears Green Beans Chilled Peaches Cold Milk</p>	<p><b>26</b></p> <p>Sausage Biscuit Orange Wedge, Juice and Milk</p> <p>Pizza Sweet Peas Steamed Carrots Crystal Apple Cold Milk</p>	<p><b>27</b></p> <p>Pancake Roll up Juice and Milk</p> <p>Cheeseburger White or Wheat Bun Steamed Corn Chilled Diced Pears Orange Wedge Cold Milk</p>	<p><b>28</b></p> <p>Breakfast Pizza Juice and Milk</p> <p>Chicken Nuggets Wheat Bread Sticks Whipped Potatoes Steamed Lima Beans Chilled Applesauce Cold Milk</p>	<p><b>29</b></p> <p>Blueberry Muffin Fresh Apple ½, Juice and Milk</p> <p>Fish Sandwich White or Wheat Bun Creamy Cole Slaw Baked Beans Chilled Pineapple Tidbits Cold Milk</p>

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